## OUR JOURNEY TO PASCHA! 2024

## SUNDAYS

## THEMES / GOSPEL READING

## HOW TO PARTICIPATE:

Fast - Free Week **FEBRUARY 25th** 



Publican and the Pharisee

2 Timothy 3:10-15 Luke 18:10-14 Gospel:

The Prodigal Son Returns!

Luke 15:11-32 Gospel:

Show compassion on the poor and distressed. Trust in God, not yourself and ask for His help before every task this week.

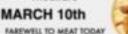
MARCH 3rd



Epistle 1 Corinthians 6:12-20

Schedule a Confession. Every morning say, "Today I will be humble." Use up/freeze meats this week.

Meatfore





The Last Judgement 1 Carinthians 8:8-9:2 Epistle: Matthew 25:31-46 Gospel:

Pray facing East this week. Christ is returning from the East and we wait for Him! Use up/freeze dairy this week.

Cheesefare

MARCH 17th



Adam and Eve are cast from Paradise! FORGIVENESS SUNDAY

Romans 13:11-14:4 Epistle: Matthew 6:14-21 Gospel:

Ask each other for forgiveness each evening this week before bed.

14t Sunday of Lent MARCH 24th



GREAT LENT BEGINS WITH FORGIVENESS VESPERS

SUNDAY of ORTHODOXY

Hebrews 11:24-26, 32-12:2 Epistle:

Gospel: John 1:43-51

2nd Sunday of Lent MARCH 31st



ST GREGORY PALAMAS

Epistle: Hebrews 1:10-2:3 Mark 2:1-12 Gospel:

Bring a prayer rope to be blessed today! Use it and pray the Jesus Prayer

each day this week.

Bring an icon to church

for a procession.

3rd Sunday of Lent APRIL 7th



VENERATION OF THE HOLY CROSS

HALF WAY TO PASCHA! Hebrews 4:14-5:6 Epistle: Mark 8:349:1 Gospel:

Wear your cross to church and kiss the cross each morning with a bow!

4th Sunday of Lant APRIL 14th



ST JOHN of the LADDER

Epistle: Hebrews 6:13-20 Gospel: Mark 9:17-31

Every time you climb stairs this week ask St. John to help you reach Paradise with the sign of the cross!

5th Sunday of Lant APRIL 21st



ST MARY of EGYPT

Epistle: Hebrews 9:11-14 Mark 10:32-45 Gospel:

Ask the Theotokos to offer you and the world pure thoughts and ideas this week.

FLOWERY (PALM) SUNDAY!

APRIL 28th GREAT WEEK BEGINS GREAT AND HOLY WEEK ENTRY OF OUR LORD INTO JERUSALEM

Philippians 4:49 Epiatle: John 12:1-18 Gospel:

Place your palm branches and pussywillows behind an icon at home and in your carl

GREAT AND HOLY FRIDAY

MAY 3rd

GREAT AND HOLY FRIDAY

JESUS DIES ON THE CROSS CHECK WITH YOUR PARISH FOR

Refrain from TV, Internet & Phones to honor Christ's Death.

FEAST OF FEASTS!



ROYAL HOURS AND VESPERS SCHEDULE

BRIGHT WEEK

HOLY PASCHAI (CHRIST IS RISENI)

Epistle: Acts 1:1-8 Gospel: John 1:1-17

Greet everyone with "CHRIST IS RISENI" & say it before good morning and goodnight!